Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
River	West	10:00 Room Visits 11:00 Arts and Crafts: Painting Bird Houses 2:00	Exercise 10:00	FREE Wheelchair Check 10:00 Gardening/ Walk Outside 10:00 Games of Your Choice 11:00 Movie: Babe the Talking Pig 1:45	Exercise 10:00 Daily Chronicle and Funny	Exercise 10:00 Daily Chronicle 10:30 Room Visits 11:00 Home Cooking: Chocolate Chip Cookies 1:00 Games of Choice 2:00
 Crafts Puzzles 	7 Resident Counsel Meeting 10:00 Room Visits 11:00 Bible and Support Group 1:00 Bingo 2:30	Card Games 1:00 Arts and Crafts: Making Mosaic pictures 2:00	9 Exercise FUN! 10:00 Daily Chronicle and Trivia 10:30 Bible Study with BJ 11:00 Room Visits 1:00 Bingo 2:30	10 Gardening/ Walk Outside 10:00 Games of Your Choice 11:00 LIVE MUSIC With Snacks and Drinks: 1:45	11 Food Committee in the Sunroom 10:00 Room Visits 11:00 Manicures 1:00 Bingo 2:30	12 Exercise 10:00 Daily Chronicle 10:30 Manicures 11:00 Home Cooking: Blueberry Scones 1:00 Games of Choice 2:00
ACTIVE SENIORS	Exercise 10:00 14 Daily Chronicle and Travel Show 10:30 Building and Stem Structures 11:00 Bible and Support Group 1:00 Bingo 2:30	Card Games 11:00 FREE Hearing Aid Checkup 1:00 Arts and Crafts:	16 Lunch at the Senior Center: Pot Roast and Thrift Shop 11:00 Bible Study with BJ 11:00 Room Visits 1:00 Bingo 2:30	17 Gardening/ Walk Outside 10:00 Games of your choice 11:00 Movie with Snacks and Drinks: Top Gun Maverick 1:45		Exercise 10:00
Independent Activities in the Sunroom: Crafts Puzzles Coloring Word Activities	Show 10:30 Building and Stem Structures 11:00 Bible and Support Group 1:00 Bingo 2:30	Picnic Lunch 9:30 -1:00 Arts and Crafts: Small Decorative Weaving Project 2:00	23 Exercise FUN! 10:00 Daily Chronicle and Trivia 10:30 Bible Study with BJ 11:00 Room Visits 1:00 Bingo 2:30	24	25 Special Celebration BBQ For Residents and Family with live Music	
	Committee 11:00	Gardening/ Walk Outside 10:00 Room Visits 11:00 Arts and Crafts: Coloring and Visiting in the	30 Exercise 10:00 Daily Chronicle and Trivia 10:30 Bible Study with BJ 11:00 Room Visits 1:00 Bingo 2:30	Sam	ple Act Calenda	

RiverWest Retirement Community Activity Calendar