

Sample Menu



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B R K	Banana Muffin	Perfect Pancakes	Ham Egg Muffin	Scrambled Egg	Texas French Toast	Crepes/Strawberry Sauce	Waffles
	Hash Browns	Breakfast Ham	Hash Browns	Sausage	Bacon	Hash Browns	Bacon
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	100% Juice	100% Juice	100% Juice	100% Juice	100% Juice	100% Juice	100% Juice
	Whole Grain Toast			Whole Grain Toast			
L U N	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad
	Bacon Meatloaf	Grilled Chicken/Cuke Melon Sauce	Pork Chop Dijon	Beef Parmesan Patty	Lemon Pepper Chicken	Seasoned Baked Fish	Beef Stroganoff
	<i>or</i> Almond Crusted Chicken	<i>or</i> Seasoned Parmesan Fish	<i>or</i> Herb Roasted Turkey	<i>or</i> Glazed Baked Ham	<i>or</i> Herb Crusted Pork Roast	<i>or</i> Beef Bake Stew	<i>or</i> Smoked Roasted Turkey
	Seasoned Red Potatoes	Rice	Mashed Yams	Roasted Potato Medley	Mashed Potatoes/Gravy	Sour Cream Potatoes	Spring Salad
	Normandy Blend	Seasoned Pea Pods	Harvard Beets	Mixed Vegetables	Honey Glazed Carrots	Spinach Polonaise	Garlic Bread
	Baked Roll	Baked Roll	Baked Roll	Baked Roll	Baked Roll	Baked Roll	Homemade Carrot Cake
	Cookie Dough Cheesecake Bars	Peach Cobbler	Rootbeer Float Cake	Chocolate Sugar Cookies	Fruit Marshmallow Dessert	Pudding Parfait	
D I N	Black Bean Vegetable Soup	Cream of Mushroom Soup	Vegetable Barley Soup	Green Pea Soup	Cream of Cauliflower Soup	Minestrone Soup	Plantation Vegetable Soup
	Skillet Pork Chops/Vegetables	Seasoned Burgers	Chicken Pockets	Tuna Noodle Casserole	BBQ Ham Sandwich	Pepperoni Pizza	Basil Chicken Strips
	Ambrosia	Grapes	Cantaloupe	Whipped Lime Jello	Peaches	Fresh Fruit/Lemon Dip	Summer Sun Salad
	Peas	Pickle Relish Plate	Spinach Cucumber Salad	Lemon Buttered Broccoli	Hawaiian Coleslaw	Romaine Walnut Salad	Cauliflower and Carrots
	Fresh Buttermilk Biscuit	French Fries	Sherbet	Rice Pudding	Baked Beans	Garlic Breadsticks	Tater Tots
	Cherry Fluff	Dishpan Cookie			Orange Glazed Bars	Zucchini Bread	Soft Snickerdoodle
	Milk offered at every meal						